### 一、體育館體能健身中心開放及使用規定:

### (一)開放時間:

|      | 08:00-17:00                              | 17:00-20:00 |  |  |
|------|--|-------------|--|--|
| 周一至五 | 上課使用                                     | 開放時段        |  |  |
| 周六、日 | 申請租用                                     |             |  |  |
| 備註   | ※開放時段:體能健身中心會員持<br>付費使用。 ※星期例假日租用每時段以2小品 |             |  |  |

### (二)使用規定:

- 1. 本中心開放對象以年滿十五歲以上身心健康者。
- 2. 進入本中心須出示會員證或繳費收據,並登記後方可進入使用。
- 3. 本中心單一時間最大容量為50名,人數超過時得進行總量管制, 以維持良好的運動環境品質。
- 4. 進入本中心應著運動服,並穿著乾淨之室內運動鞋,且攜帶毛巾。 禁止打赤膊及穿著各類涼鞋或脫鞋運動,並嚴禁攜帶動物及違禁 品進入,未依規定者管理人員得拒絕進入。
- 5. 進入本中心個人物品請放置物櫃;中心內之空間與坐椅禁止擺放 私人衣物,違反規定者管理人員得逕行移置。離開時請取回私人 物品,本中心不負保管及賠償責任。
- 6. 運動前請做暖身運動再行使用健身器材。
- 7. 本中心除飲用水外,禁止攜帶任何食物及飲料進入,並嚴禁嚼食 口香糖、檳榔,以維護場內清潔。
- 8. 飲用水須用運動水壺或寶特瓶盛裝,並注意飲用,避免大量濺濕 地板造成危險。
- 9. 使用者應詳讀器材使用規定,依正常程序操作器材,共同愛護設備,並遵從現場管理人員之指示。發現器材有損壞情形請即時通知管理人員,如因使用者疏忽或操作不當而導致器材損壞,使用者除負賠償責任外,所造成之意外,本中心恕不負責。
- 10. 不得在本中心內嬉戲、喧嘩、干擾他人運動。
- 11. 未經允許不得張貼任何宣傳品,並請維護場地之清潔。
- 12. 凡未遵守上述規定,且不接受管理人員之規勸或造成公共安全之 虞者,得暫停當日使用之權利。

### 1. Gym's Physical Fitness Center Opening and Usage Guidelines:

#### (1) Opening Hours:

|                      | 08:00-17:00   | 17:00-20:00   |                    |  |  |  |  |
|----------------------|---|---------------|--------------------|--|--|--|--|
| Monday to<br>Friday  | Course for Students   | Opening Hours | Rental Application |  |  |  |  |
| Saturday &<br>Sunday | Rental Application  |               |                    |  |  |  |  |
| Remarks              | <ul><li>*Opening Hours: Members of the Physical Fitness Center card, while the others shall pay for using the court.</li><li>*Each time period on weekends and holidays is calculated</li></ul> |               | a membership       |  |  |  |  |

#### (2) Usage Guidelines:

- i. This center is open to the people aged 15 and above who are physically and mentally healthy.
- ii. To enter this center, you shall produce your membership card or payment receipt, and register before entering the venue.
- iii. The maximum number of persons allowed in this center at one time is 50. If the number of people exceeds the limit, a capacity control shall be implemented to maintain a good sports environment quality.
- iv. When entering the center, you should wear sportswear and clean indoor sneakers, and bring a towel. It is prohibited to go shirtless, wear sandals or take off shoes for exercise, and it is strictly forbidden to bring animals and contraband into the venue. The administrative personnel may refuse to let those who fail to comply with the regulations.
- v. Please place your personal belongings in lockers when entering the center. It is prohibited to place personal clothing in the space and chairs inside the center. The administrative personnel may directly relocate the belongings placed by those who violate the regulations. Please take back your personal belongings when leaving. The center is not responsible for the storage and compensation.
- vi. Please do warm-up exercises before using the fitness equipment.
- vii. Except for drinking water, it is prohibited to bring food and drinks in, and chewing gum and betel nut is strictly prohibited, to maintain the cleanliness of the venue.
- viii. A sports water bottle or a PET bottle is required to be filled with drinking water, and you should drink it carefully to avoid danger caused by a big splash on the floor.
- ix. Users shall carefully read the equipment usage regulations, operate the equipment according to normal procedures, take good care of the equipment jointly, and follow the instructions of the administrative personnel on site. If you find any damage to the equipment, please notify the administrative personnel immediately. If the equipment is damaged due to the user's negligence or improper operation, the center will not be responsible for the accidents, and the user shall assume the liability.
- x. It is not allowed to lark around, make noise, or interfere with other people's activities in the center.

xi. No promotional materials may be posted without permission, and please keep the venue clean.

xii. In the event a person fails to comply with the foregoing regulations and does not follow the advice of the administrative personnel or causes a risk to public safety, his right to use the facility shall be suspended for the day.

# 二、會員收費標準:

(單位:元)

| 年費           | 本校學生 |       | 木松學片   1 |       | 校友、企業員<br>工及眷屬 |             | 一般人士 |      |
|--------------|------|-------|----------|-------|----------------|-------------|------|------|
|              | 男    | 女     | 男        | 女     | 男              | 女           | 男    | 女    |
| 體能健身<br>中心會員 | 600  |       | 1000     |       | 1400           |             | 2200 |      |
| 游泳池會員        | 500  | 400   | 1000     | 800   | 1400           | 1100        | 2200 | 1700 |
| 水陸會員         | 800  | 700   | 1500     | 1300  | 2100           | 1900        | 3400 | 3000 |
| 備註           | 12   | 人同時多。 | 辨理體制     | を健身 中 | 口心及涉           | <b>学泳池會</b> | 員者為ス | 水陸會  |

## 2.Member Charges: (Unit: TWD)

|                  | Our School's students         |  | The School Staff and |        | Alumni, Corporate    |        | Ordinary People |        |  |  |
|------------------|-------------------------------|--|----------------------|--------|----------------------|--------|-----------------|--------|--|--|
| Annual Fee       |                               |  | Their Family         |        | Employees, and Their |        |                 |        |  |  |
| Aimuai Fee       |                               |  | Dependents           |        | Family Dependents    |        |                 |        |  |  |
|                  | Male                          | Female   | Male                 | Female | Male                 | Female | Male            | Female |  |  |
| Physical Fitness | 600                           |  | 1                    | 1,000  |                      | 1,400  |                 | 2,200  |  |  |
| Center Member    |                               |  | 1,                   |        |                      |        |                 |        |  |  |
| Swimming Pool    | 500                           | 400  | 1,000                | 800    | 1,400                | 1,100  | 2 200           | 1,700  |  |  |
| Member           | 300                           | 400  | 1,000                | 800    | 1,400                | 1,100  | 2,200           | 1,700  |  |  |
| Amphibious       | 800                           | 700  | 1,500                | 1,300  | 2,100                | 1,900  | 3,400           | 3,000  |  |  |
| Member           | 800                           | 700  | 1,500                | 1,500  | 2,100                | 1,900  | 3,400           | 3,000  |  |  |
| Remark           | A person w                    | A person who applies for both physical fitness center and swimming pool membership at the same |                      |        |                      |        |                 |        |  |  |
| Remark           | time is an amphibious member. |  |                      |        |                      |        |                 |        |  |  |

# 三、體育館場地租用收費標準:

| _ | 四仏 | • | = | ` |
|---|----|---|---|---|
| ( | 單位 | • | 兀 | ) |

| _      | 胆月阳二      | (十世  |                  |                     |              |            |                 |  |  |  |
|--------|-----------|--|------------------|---------------------|--------------|------------|-----------------|--|--|--|
|        | 項目        | 收費<br>單位   | 本校<br>學生         | 本校教職<br>員、眷屬<br>及校友 | 關係企業<br>及教團體 | 一般校<br>外人士 | 保證金             |  |  |  |
| 籃排     | 非體育<br>活動 | 4 小時   | 5000             | 15000               | 20000        | 30000      |                 |  |  |  |
| 球<br>場 | 體育<br>活動  | 2 時/面  | 1000             | 2500                | 3000         | 5000       |                 |  |  |  |
| 羽吐     | 非體育<br>活動 | 4小時  | 3000             | 8000                | 15000        | 20000      |                 |  |  |  |
| 球場     | 體育<br>活動  | 2小時  | 1000             | 2000                | 3000         | 5000       |                 |  |  |  |
| 桌球     | 非體育<br>活動 | 4 小時   | 1500             | 4000                | 7500         | 10000      | 依各收費標<br>準收取 50 |  |  |  |
| 球<br>場 | 體育<br>活動  | 2小時  | 400              | 1000                | 2000         | 3000       | %保證金            |  |  |  |
| 一樓     | 活動空間      | 2 時/區  | 免費               | 400                 | 500          | 700        |                 |  |  |  |
| 韻      | 律教室       | 2小時  | 600              | 1200                | 1800         | 2400       |                 |  |  |  |
| 技      | 擊教室       | 2小時  | 400              | 800                 | 1200         | 1600       |                 |  |  |  |
| 健      | 身中心       | 2小時  | 800              | 1500                | 2500         | 3500       |                 |  |  |  |
| 階      | 梯教室       | 2小時  | 免費               | 500                 | 1000         | 1500       |                 |  |  |  |
| 備      | 註         | ※停車費:依本校停車收費標準(30元/時,上限250元/天)。<br>※垃圾處理費:辦理活動依樓層及場地收費800元/4時。 |                  |                     |              |            |                 |  |  |  |
|        |           | 水官埋貨   | ※管理費:按工讀金時薪標準核計。 |                     |              |            |                 |  |  |  |

※一樓活動空間每一區為總面積 1/3 計算。

#### 3. Rental Fees for Gym's Venues: (Currency: TWD)

| Items                   |                       | Unit of<br>Charge | Our School's Student | Faculty, staff, family dependents and alumni of our School | Affiliated Enterprise and Educational Institution | General<br>Off-Campus<br>People | Security<br>Deposit           |
|-------------------------|-----------------------|-------------------|----------------------|--|---|---------------------------------|-------------------------------|
| Basketball /            | Non-Sport<br>Activity | 4 hrs.            | 5,000                | 15,000   | 20,000  | 30,000                          |                               |
| Volleyball<br>Courts    | Sport<br>Activity     | 2 hrs. /          | 1,000                | 2,500  | 3,000   | 5,000                           |                               |
| Badminton               | Non-Sport<br>Activity | 4 hrs.            | 3,000                | 8,000  | 15,000  | 20,000                          |                               |
| Court                   | Sport<br>Activity     | 2 hrs.            | 1,000                | 2,000  | 3,000   | 5,000                           | Standard                      |
| Table                   | Non-Sport<br>Activity | 4 hrs.            | 1,500                | 4,000  | 7,500   | 10,000                          | 50% of Each Charging Standard |
| Tennis<br>Court         | Sport<br>Activity     | 2 hrs.            | 400                  | 1,000  | 2,000   | 3,000                           | of Each (                     |
| First Floor Event Space |                       | 2 hrs. / zone     | Free of<br>Charge    | 400  | 500   | 700                             | 20%                           |
| Rhythm                  | Room                  | 2 hrs.            | 600                  | 1,200  | 1,800   | 2,400                           |                               |
| Martial A               | rts Room              | 2 hrs.            | 400                  | 800  | 1,200   | 1,600                           |                               |
| Fitness                 | Center                | 2 hrs.            | 800                  | 1,500  | 2,500   | 3,500                           |                               |
| Amphi                   | theater               | 2 hrs.            | Free of<br>Charge    | 500  | 1,000   | 1,500                           |                               |

\*\*Lighting Fee: The third-floor badminton court and the fifth-floor sports court lighting cost 400/hour.

Remarks

\*\*Air-Conditioning Fee: 1,500/hour (1,000/hour for table tennis room, 300/hour for the amphitheater). Any period less than an hour shall be calculated as one hour. The fifth-floor sports court costs 1500 yuan per hour, the table tennis court costs 1000 yuan per hour, and the badminton court costs 1000 yuan per hour. For durations less than 1 hour, the charge is based on a minimum of 1 hour.

\*The maintenance fee for the table tennis court includes lighting costs: Maintenance fees for the rhythm classroom, martial arts classroom, fitness center, and tiered classroom include lighting and air conditioning expenses.

\*\*Parking Fee: According to the parking fee standard of our School (30/hour, upper limit 250 /day).

\*\*Garbage disposal fee: 800 /4 hours is charged for holding activities based on floor and

venue.

\*Management Fee: Based on hourly pay for work study.

Each zone of the activity space on the first floor is calculated as 1/3 of the total area.

# 四、個人及單一場地收費標準:

(單位:元)

| 項目   | 收費<br>單位 | 會員         | 本校學生 | 本校教職<br>員、眷屬<br>及校友 | 關係企業<br>及教育機<br>關團體 | 一般校<br>外人士 |  |
|--|----------|------------|------|---------------------|---------------------|------------|--|
| 游泳池  | 次/人      | 泳池會員<br>免費 | 50   | 80                  | 100                 | 120        |  |
| 健身中心   | 次/人      | 健身會員<br>免費 | 50   | 100                 | 120                 | 150        |  |
| 可让坦  | 1.5 時/場  | I          | 200  | 250                 | 300                 | 400        |  |
| 羽球場  | 假日2時/場   | 1          | 300  | 400                 | 500                 | 700        |  |
| 桌球場  | 1.5 時/面  | ı          | 50   | 80                  | 120                 | 160        |  |
| <b>米球场</b>   | 假日2時/面   | ı          | 80   | 120                 | 150                 | 200        |  |
| <ul> <li>(株) (株) (株) (株) (株) (株) (株) (株) (株) (株)</li></ul> |          |            |      |                     |                     |            |  |

# 4.Rental Fees for Individual and Single Venue: (Currency: TWD)

| Items              | Unit of<br>Charge         | Member  | Our School's<br>Student | Faculty, staff, family dependents and alumni of our School | Affiliated Enterprise and Educational Institution | General<br>Off-Campus<br>People |
|--------------------|---------------------------|---|-------------------------|--|---|---------------------------------|
| Swimming<br>Pool   | Time/Person               | Free for Swimming Pool Members  | 50                      | 80   | 100   | 120                             |
| Fitness Center     | Time/Person               | Free for Fitness Center Members   | 50                      | 100  | 120   | 150                             |
| D 1 : .            | 1.5 hrs./round            | =   | 200                     | 250  | 300   | 400                             |
| Badminton<br>Court | Holiday: 2<br>hrs./round  | =   | 300                     | 400  | 500   | 700                             |
| Table Tennis       | 1.5 hrs./court            | -   | 50                      | 80   | 120   | 160                             |
| Court              | Holiday: 2<br>hrs./ court | -   | 80                      | 120  | 150   | 200                             |
| Remarks            | there are no clas         | s student member<br>sees during the day<br>and badminton of<br>a courts rented sh | vtime.                  | ed for 2 hours per   | r unit on weekend                                 | ds and holidays,                |